



ALMONDBURY SURGERY NEWSLETTER

Longcroft, Almondbury, Huddersfield HD5 8XW

Tel: 01484 514555

Website: www.thealmondburysurgery.co.uk

New Staff At The Practice

A warm welcome to our two new reception staff members; Ashleigh Hodgson and Julie Haigh.

We would also like to welcome Jackie Stephens in her new role of Phlebotomist. Jackie has morning blood clinics on a Tuesday and Friday at the practice.



BP Machine – If your blood pressure is due and you are unable to come to attend an appointment, you can drop into the surgery as we have a machine in our waiting room. A receptionist will be able to assist you.



Holiday Vaccines

If you require any holiday vaccinations prior to travel, please contact the surgery to complete a travel immunisation form at least four weeks prior to travel. You can obtain this form via reception, Patches or our website.

Did you know you can self-refer?

We want to help support you in whichever direction you need to go. Below are some services which you can self-refer for help and support.

CAMHS – Child and Adolescent Mental Health Services. (Telephone referral) – For parents to self-refer for children or young adults.

Telephone: 0300 304 5555

NHS Talking Therapies:

If you are aged 18 or over, you can access NHS talking therapies services for anxiety and depression. A GP can refer you, or you can refer yourself directly without a referral. Please visit the NHS website for full further information.

Or www.mind.org.uk



Mental Health Awareness Week
13th May – 19th May 2024



Saturday 29th June – Armed Forces Day
Are you a Veteran or in the Military?
Please let us know, so we can update your record.

PPG (Patient Participation Group) – Please visit our website should you wish to join

The overall aim of the group is to develop a positive and constructive relationship between the patients, the practice and the community it serves. Please contact our Reception Team for further details and how to join.

We are still looking for new members to join our PPG and a PPG chairperson. Should anyone be interested in taking on the role of our PPG chairperson, please contact Tracy Burchael, HR Manager at Almondbury Surgery. The group meets four times a year here at the practice on a Thursday either in an afternoon or on a teatime.

Closure Dates for Staff:

PPT Training:

- 21st May 2024**
- 25th June 2024**
- 16th July 2024**
- 20th August 2024**

We will be closed at 1:00pm on the above dates for our Practice Protected Training Time for Staff.

We apologise for any inconvenience caused by these closure dates. The practice will reopen again at 8am the following day.



Bank Holiday Closures:

Monday 6th May, Monday 27th May and Monday 26th August 2024.



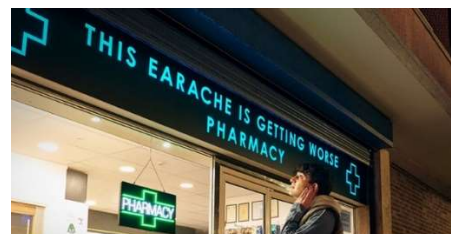
Think Pharmacy First:

Patients are now able to get treatment for seven common conditions at their high street pharmacy without needing to see a GP as part of a major transformation in the way the NHS delivers care.

The seven conditions are:

- Sinusitis;** children and adults aged 12 years and over.
- Sore throats;** children and adults aged 5 years and over.
- Earache;** acute otitis media – only for children aged 1-17.
- Insect bites;** infected insect bites – children and adults aged 1 year and over.
- Impetigo;** children and adults aged 1 year and over.
- Shingles;** adults aged 18 years and over.
- UTI's** – uncomplicated in women aged 16 to 64 years.

Our receptionists can care navigate you through this process.



Think pharmacy first



OUR NEXT NEWSLETTER WILL BE DUE OUT IN AUTUMN 2024